

BYE BYE BUG BITES



MOSQUITO AND TICK DISEASE PREVENTION

- WEAR EPA APPROVED INSECT REPELLENTS
- CHECK FOR TICKS DAILY
- SHOWER SOON AFTER BEING OUTDOORS
- WEAR A HAT
- WEAR LONG SLEEVES FITTED AT THE WRIST
- TUCK PANTS INTO SOCKS



DID YOU KNOW?

Tick attached < 36 hours	No antibiotics needed
Attached 36 hours or more + Antibiotic started <72 hr after removal	Single dose of antibiotic
Attached 36 hrs or more + Antibiotic started >3 days after removal	10-14 days of antibiotics

