

Crisis Hotlines

Domestic Violence 24-hour Crisis Hotline:
410-535-1121/301-855-1075

Teen Help Line: 410-257-2216

Nat'l Suicide Prevention Lifeline:
1-800-784-2433

Poison Control: 1-800-222-1222

Calvert County Health Department 410-535-5400/301-855-1353

Adult Immunization Clinic	option 6
Birth Certificate Information	x 387
Behavioral Health:	
Mental Health Clinic (outpatient)	x 475
School-Based Mental Health Counseling	x 475
Substance Abuse Service	410-535-3079
Recovery Support Services	410-535-3079 x 36
Breast & Cervical Cancer Screening	x 350
Child Immunization Clinic	option 6
Child Passenger Safety Seat Assistance	x 348
Children with Special Health Care Needs	x 405
Colorectal Cancer Screening	x 348
Crisis Intervention Center	x 384
Diabetes Programs	x 459
Environmental Health	410-535-3922/301-855-1557
Genoa Pharmacy	443-486-7173
HIV Testing/Counseling	x 332
Health Choice/MCHP (Medical Assistance)	option 6
Maternal Child Program	x 351
Medical Assistance Transportation	410-414-2489
Mental Health Program	x 475
Pregnancy Tests	x 332
Reproductive Health Clinic	x 332
Sexually Transmitted Infection Clinic	x 332
Smoking Cessation Program	x 359
WIC Program	x 369

Health Insurance Resources

Marylandhealthconnection.gov

MD Health Connection Call Ctr 1-855-642-8572

Calvert County Health Dept 410-535-5400

Department of Social Services 443-550-6900

Connect Southern Maryland 443-404-5761

HealthChoice Enrollment Line 800-977-7388

Health Choice Help Line 800-284-4510

Healthy Smiles Dental Program 855-934-9812

Hospitals / Urgent Cares / Clinics

Calvert Memorial Hospital:
410-535-4000/301-855-1012

St. Mary's Hospital (Medstar) 301-475-8981

U of MD/Charles Med Ctr (Civista) 301-609-4000

Anne Arundel Medical Center 443-481-1000

Dunkirk Urgent Care 410-286-7911

Prince Frederick Urgent Care 410-535-8911

Solomons Urgent Care 410-394-2800

University of MD Medical Center 800-492-5538

Johns Hopkins Hospital 410-955-5000

Children's Nat'l Medical Center 202-476-5000

Greater Baden Medical Center 301-888-2233

LaPlata OB/GYN (Hispanic Clinic) 301-609-4800

Mental Health Resources

CCHD Mental Health Clinic 410-535-5400

Center for Children 410-535-3047

Chesapeake Neurology 410-535-2500

Andrew Gergely, MD & Assoc 410-286-0664

Osama Saleh, MD & Assoc 410-535-5602

Shah Associates 410-535-4333

Barstow Acres Children's Center 410-414-9901

Tri-County Youth Services 443-975-7357

So. MD Community Network 410-535-4787

Calvert Counseling Center 443-295-3341

CCHD Crisis Intervention 410-535-5400 x384

DPK Counseling 410-535-4854

Deborah Nelson LCPC 410-414-5953

Online resources: calvert.md.networkofcare.org

Substance Abuse Resources

Bayside Recovery (outpatient) 443-486-5680

Calvert Behavioral Health 410-535-3079

-Recovery Support Services 410-535-3079 x36

Carol Porto Treatment Center 410-535-8930

Walden/Anchor (inpatient) 301-290-0270

Open Arms (outpatient) 301-645-5538

Center for Addiction & Pregnancy 410-550-3066

Outlook Recovery 240-237-8325

Vision Resources

My Eye Dr./Prince Frederick 410-535-2020

My Eye Dr./Dunkirk 443-964-8705

Chesapeake Retina Center 410-535-6179

Maryland Eye Assoc (medical only) 410-535-2270

Dental Resources

Calvert Community Dental (Lusby) 410-535-8402

Tidewater Dental (Prince Frederick) 410-414-8333

Tidewater Dental (Lusby) 410-326-4078

Tidewater Dental (Solomons) 410-394-6690

Gentle Family Dentistry (Dunkirk) 410-257-2424

Dr. Juambelz (Dunkirk) 301-855-8888

Tyler Dental (Dunkirk) 301-327-5086

Drs. Ursic/Yazden/Nguyen (Lusby) 410-326-4078

Dr Plater & Associates (Owings) 410-535-1990

Dr. Finch (Owings) 410-257-9655

Dunkirk Dental Assoc. (Dunkirk) 410-257-2400

Greater Baden Health Grp 301-888-2233 x3102

Dr Dowling(Orthodontics/need referral) 410-535-0861

Dr King (oral surgery/Waldorf) 301-645-4555

Univ of MD Dental School (adults) 410-706-7063

Univ of MD Dental School (child) 410-706-4213

Washington Hospital Center 202-877-7332

Disability Resources

DDA Southern MD Regional Office 888-207-2479

Dept. of Rehabilitation Services 410-535-2620

DHR Respite Grant 301-475-5652 x101

MD Community Connections (LISS) 877-622-6688

Adult Day Care of Calvert County 410-535-0133

Arc of Southern Maryland, Calvert 410-535-2413

Friendly Health Services 410-535-6542

MMARS RC, Inc. 443-573-3375

Total Care Support 301-918-0070 x225

Office on Aging 410-535-4606/301-855-1170

Therapeutic Recreation 410-535-1600 x8204

Online Resource Locator
<http://specialneeds.dhmm.maryland.gov/>

Financial Resources

Department of Social Services 443-550-6900

Child Support Services 1-800-332-6347

Social Security Administration 800-772-1213

Charlotte Hall Social Security 888-866-5181

Unemployment Office 877-293-4125

Southern Md. Tri-County Community Action

 Energy Assistance 410-535-1010

So. Maryland Job Source 443-550-6750

Community Ministry of Calvert 410-414-8007

Christmas in April Calvert Co. 410-535-9044

Revised (5/4/2017)

Transportation

Medical Assistance Transportation 410-414-2489

 Medical appointments only. Must schedule in advance.

Public Transportation 410-535-4268

Smart Rides 410-535-6932

Legal Assistance

So. Md Center for Family Advocacy

 Aid for Victims of Domestic Violence 301-373-4141

Legal Aid Bureau 1-877-310-1810

Family Law Center (free) Circuit Court

 Every Wednesday 12:30-2:30 pm

Housing/Shelters

Calvert Co. Housing Authority 410-535-5011

So. Md. Tri-County Community Action

 410-535-1010

Project Echo 410-535-0044

 Homeless Shelter- Men, Women and Children

Angel's Watch Shelter 301-274-0680

 Homeless Shelter-Women & Children (Charles County)

Safe Nights of Calvert County 443-486-8670

Domestic Violence 24-hour Crisis Hotline:

 410-535-1121/301-855-1075

Food Assistance

WIC Program 1-877-631-6182

DSS 443-550-6900

Bayside Baptist Church 410-257-0712

Chesapeake Cares 410-257-3444

Crossroad Christian Church 410-586-1272

First Lutheran Church 410-257-3030

The Food Pantry 410-414-7474

S.M.I.L.E. Food Pantry 410-326-0009

St. Anthony's Church 410-286-7086

St John Vianney 410-535-0223

Emmanuel 7th Day Adv. 410-586-0889

Randle Cliffs Com. Church 410-257-0342

S.H.A.R.E Food Network 1-800-217-4273

Birthright (Formula/Baby Food) 410-257-1402

Clothing Resources

Birthright (Maternity/Baby) 410-257-1402

S.M.I.L.E (Solomons) 410-326-0009

HELP Association 410-257-6669

Care Net/Calvert County 410-326-6866

OB Providers

Calvert Women's Center
410-535-5610
Estes, Barbara, MD
Ginter, Hilary, M.D.
Johnson, Michelle M.D.
1) Calvert Medical Office Bldg.
110 Hospital Road, Suite 202/211
Prince Frederick, MD 20678
2) Dunkirk Medical Center
10845 Towne Center Blvd, #202
Dunkirk, MD 20754

Calvert Women's Center

410-414-4740
1) **Marshall, Ranette M.D.**
Calvert Medical Office Bldg.
110 Hospital Road, Suite 203
Prince Frederick, MD 20678

2) Mahata, Aparajita M.D.

1) Calvert Medical Office Bldg.
110 Hospital Road, Suite 203
Prince Frederick, MD 20678

2) Dunkirk Medical Center
1085 Towne Center Blvd Suite 207
Solomons, MD 20688

3) Nassirae, Mitra M.D.

1) Calvert Medical Office Bldg.
110 Hospital Road, Suite 203
Prince Frederick, MD 20678

2) Solomons Medical Center
14090 HG Trueman Rd., Suite 2600
Solomons, MD 20688

St. Mary's County OB Providers:
Southern MD Women's Healthcare
301-997-1788 (Leonardtown)
Polko, Lisa M.D.
Davis, Nnamdi M.D.
Colwill, Jessie M.D.

Neal, Joyce M.D.
301-475-0145 (Charlotte Hall)

Pediatrician Medical Assistance Providers

Baig, Azam M.D.
Harris, Kennon M.D.
Tierney, Jill M.D.
10264 Southern MD Blvd, Suite 103
Dunkirk, MD 20754
301-327-5093
Edgewater Office 410-956-6302

Hawit, Roula M.D.
10345 Southern MD Blvd.
Dunkirk, MD 20754
410-286-9844

Silpasuvan, Daung M.D.
Lukban, Sara L. M.D.
Serasini, Joanne CRNP
1430 Solomons Island Road
Huntingtown, MD 20639
410-535-4544/410-257-2700

Family Practice

Calvert Prim Care
1) **Ouwinga, I. Monet M.D.**
Garrity, Julia CRNP
Dunkirk Medical Center
10845 Towne Ctr Blvd, # 102
Dunkirk, MD 20754
410-535-5660

2) **Brooks, Michael M.D.**
Batong, Silvia M.D.
Folsom, Michelle M.D.
McPheeters, Christina, CRNP
Pitman, Lacy CRNP
Calvert Medical Office Bldg.
110 Hospital Road, Suite 111
Prince Frederick, MD 20678
410-535-4488/301-855-1513

3) **Stoner, Melissa M.D.**
Twin Beach Health Center
8924 Chesapeake Ave
North Beach, MD 20714
410-257-7279

4) **Bennett, Charles M.D.**
Proctor, Keyonna, MD
11845 HG Trueman Road
Lusby, MD 20657
410-326-6344

5) **Papino-Higgs, Maria Novella M.D.**
Proctor, Keyonna, MD
Boehm, Carol CRNP
Solomons Medical Center
14090 HG Trueman Rd, #2100
Lusby, MD, 20657
410-394-3712

Brophy, Catherine M.D.
Owens, Joyce M.D.
Denekas, David M.D.
22010845 Towne Center
Blvd, #203
Dunkirk, MD 20754
410-286-3865

Brower, Deborah CRNP
Wade, Jennifer CRNP
489 Main St, Suite 102
Prince Frederick, MD 20678
410-414-5633

Mathew, Scaria M.D.
11910 HG Trueman Road
Lusby, MD 20657
410-326-6391

Mehta, Bhargesh M.D.
Mahat, Upendra M.D.
Karinsky, Julia M.D.
1005 Prince Frederick Blvd. # 101
Prince Frederick, MD 20678
410-535-5555/301-855-1114

Dunkirk Medical Center
3140 West Ward Rd. Suite 207
Dunkirk MD 20754
410-257-1744/301-855-4525

Skolnick, Michael M.D.
Chiu, Meghan M.D.
Singh, Manbir M.D.
Bhogte, Coralyn M.D.
130 Hospital Road, Suite 207
Prince Frederick, MD 20678
410-535-5959

Internal Medicine

Benner, Charles M.D.
Solomons Medical Center
14090 HG Trueman Rd., Suite
2600
Solomons, MD 20688
410-449-6602

Calvert Internal Medicine
1) Calvert Medical Office Bldg.
110 Hospital Road, Suite 310
Prince Frederick, MD 20678

2) Dunkirk Medical Center
10845 Towne Center Blvd, Suite
204
Dunkirk, MD 20745

3) Solomons Medical # 2500
Solomons, MD 20688
All CIM Locations, call:
410-535-2005/301-855-1644

Jani, Parul M.D.
1005 Prince Frederick Blvd
Prince Frederick, MD 20678

410-535-5555/301-855-1114

Mathur, Mukesh M.D.
Mathur, Manoj M.D.
Suana, Gyan, M.D.
3995 Old Town Rd, Suite 202
Huntingtown, M.D. 20639
410-535-1451

Shah Associates
Calvert Medical Arts Center
130 Hospital Road, Suite 300
Prince Frederick, MD 20678
410-535-4333

Yazdani, Mahin M.D.
2555 Solomons Island Rd.,
North
Huntingtown, MD 20639
410-535-1695

St. Mary's Pediatricians:
Dhillon, Amarpreet M.D.
Leonardtown 301-475-9499

Miller, Robert E. M.D.
Robinson, Sherice M.D.
Brown, Crystal M.D.
Leonardtown 301-475-7222

Sheth, Amit M.D.
California 301-863-6373

Haggerty, Jean M.D.
Leonardtown 301-475-4610

Johnson, Sarah M.D.
Leonardtown 301-997-0055

Fahmi, Fahmi M.D.
Lexington Park 240-237-8557

MedstarShah Pediatrics
California 301-863-9000
Hollywood 301-373-7200
Charlotte Hall 301-884-7330
Leonardtown 301-475-8833

South Anne Arundel Pediatricians:
Bryant, Nancy CRNP
West River 410-867-4700
The Pediatric Group
Crofton 410-721-2273
Davidsonville 410-798-1600

Childbirth/CPR Classes

Calvert Memorial Hospital 410-535-8233
Keep Well Center - CPR Classes (fee)

Nurturing Necessities 410-414-5414
Childbirth Classes (fee) / Breastfeeding assistance.

Medstar St. Mary's Hospital 301-475-6019
Childbirth Classes/CPR Classes (fee)

Child Care Resources

Locate Child Care 1-877-261-0060
Assistance in locating a licensed child care provider.

DSS (Child Care Vouchers) 443-550-6900

The Promise Resource Center 1-866-290-0040
Information & training for child care providers

Education Resources

Calvert County Public Schools 443-550-8000

Infants & Toddlers Program 443-550-8405

Child Find (2 years 9months & older)443-550-8381

Head Start 443-550-8053

Judy Center 443-550-8077

Adult Education Program 443-535-7382
Adult Basic Education / Literacy Tutors / GED
Classes
GED Practice Test / National External Diploma
Program

College of Southern MD/PF 443-550-6000

Parenting Classes/Support Programs

CareNet/Calvert County 410-326-6866

Parents' Place of Maryland 800-394-5694

Partners for Success (School) 443-550-8375

Healthy Families / HIPPY 443-550-8050

Family ACCESS Center 443-975-7357

Barstow Acres Children's Center 410-414-9901
Family Encouragement Coaching 410-610-2352

Additional Resources

Child Safety Seat Information 410-535-2800

Calvert Co. Parks & Rec. 410-535-1600 x2225

Calvert County Government 410-535-1600

Community Mediation Center 443-295-7456

Paternity Testing for Child Support, contact
Circuit Court Clerks Office 410-535-1600 x2572

DNA Diagnostic Center 800-362-2368
(Private Paternity Testing Center)

Calvert Library (calvert.lib.md.us) 410-535-0291

MD Community Services Locator mdcs.org

(Revised 3/3/2017)

CALVERT COUNTY COMMUNITY RESOURCES



Compiled by
Calvert County
Health Department
975 Solomons Island Rd.
Prince Frederick, MD
www.calverthealth.org
410-535-5400
301-855-1353