

Calvert County Health Department Tobacco Cessation Program Referral Form

Patient: _____ Date of Birth: _____

THIS CONTRAINDICATIONS CHART IS TO BE COMPLETED BY THE CLINICIAN

BP = _____		WEIGHT = _____							
Condition:	Yes	No	Condition:	Yes	No	Condition:	Yes	No	
Coronary Artery Disease or Unstable Angina			Serious Cardia Arrhythmia			Eating Disorder			
ACCELERATED or UNCONTROLLED High Blood Pressure			Mild/Moderate Hepatic Cirrhosis			Mild/Moderate Renal Impairment			
Active Peptic Ulcer Disease			Hyperthyroidism			Seizure Disorders			
Arteriovenous Malformation			Eye problems (blurred or double vision)			Excessive use of Alcohol and/or Substance use Disorder			
Pregnant or Lactating			CNS Tumor or Infection			Severe Stroke			
Used MAOI Medications in the last 14 days and/or use of Linezolid or Methylene Blue			Severe Head Injury			Currently prescribed a medication that contains Bupropion Hydrochloride			

Please Note:

- Smoking cessation may necessitate re-evaluation of certain medications, including **insulin, asthma medication, and blood thinners.**
- Some patients have experienced depressed mood, agitation, changes in behavior, suicidal thoughts or actions when attempting to quit smoking while taking CHANTIX or BUPROPION SR
- Excessive use of alcohol, abrupt withdrawal from alcohol or other sedatives, addiction to cocaine, opiates, or stimulants during treatment may increase risk of seizures. Seizure risk is also increased in those using OTC stimulants, in anorectics, and in diabetic patient using oral antidiabetic or insulin.

Recommended medication for tobacco/nicotine dependence treatment (please check one)

(Reference: *Treating Tobacco Use and Dependence, Clinical Guideline 2008 Update*).

- Nicotine Patches **and/or** Nicotine gum/lozenges – **Do not use with Varenicline (Chantix)**
- Nicotine Patches and Bupropion SR (Zyban) - **Please attach written Rx for Bupropion SR**
- Bupropion SR (Zyban) - **attach written Rx.** (example on back) - **Do not use with Varenicline (Chantix)**
- Varenicline (Chantix) - **attach written Rx.** (example on back) - **Do not use with Bupropion SR**

Nicotine gum may be given to participants while on above medication if they still experience occasionally strong cravings.

Comments: _____

This patient is medically approved to participate in the Calvert County Health Department Tobacco Cessation Program.

Print Physician Name

Physician Signature

Phone Number

Date

(Grant funded by the Maryland Cigarette Restitution Fund) (RVD 2/18/16)

Calvert County Health Department

Bupropion SR (Zyban) - Rx needed

A. Patients with normal Renal and Hepatic Functions

- 150mg tablet, orally once a day in the morning x 3 days,
Then 150mg tablet, orally twice a day for 12 weeks.

B. Patients with Mild/Moderate Hepatic Cirrhosis or Renal Impairment

- Do not exceed 150 mg sustained release P.O. every other day

Varenicline (Chantix) – Rx needed

Day 1 to Day 3

0.5mg tablet in the morning

Day 4 to Day 7

0.5mg tablet in the morning and one in the afternoon/evening

Day 8 thru 12 weeks

1mg tablet in the morning and one in the afternoon/evening.

Nicotine Patches (Alone or with Bupropion SR)

21mg patch applied every day for 28 days,

Then 14 mg patch applied every day for 14 days,

And 7 mg patch applied every day for 14 days.

However, an individual may need the 21 mg patches longer or not at all.

May individualize.

Nicotine Gum

If you smoke 25 or more cigarettes daily use nicotine gum 4mg

If you smoke fewer than 25 cigarettes daily use nicotine gum 2mg

Day 1 thru 6 weeks: chew 1 piece every 1 to 2 hours

In weeks 7 to 9: chew 1 piece every 2 to 4 hours

Weeks 10 to 12: chew 1 piece every 4 to 8 hours

May use nicotine gum with any of the above but only for very strong cravings.