# LOCAL BEHAVIORAL HEALTH ADVISORY COUNCIL-BI-MONTHLY MEETING MINUTES

Date: Wednesday, February 14, 2024

Time: 12:00-2:00pm- Virtual

Facilitator: Local Behavioral Health Authority

#### Call to order

Kara Harrer

#### Roll Call /In Attendance

Andrea McDonald-Fingland, Kristy Kidwell, Katie Dorsey, Danielle Reumont, Megan Sarikaya, Cheryl Harms, Derek Adams, Christine Diemer, Josh Underwood, Betsy VanAuker, Chelsea Simms, Candice D'Agostino, Danielle Johnson, Jennifer Moreland, Michelle Saunders, Ed Sullivan, Kara Harrer, Ariane Odom, Timothy Maher, Noelle Flaherty, Nick DeFelice, Doris McDonald, Denis Dickerson

#### **Introductions to LBHA**

- Approval of December Meeting Minutes
  - Motion To Approve
    - o 1st- Cheryl Harms
    - o 2<sup>nd</sup>- Noelle Flaherty
    - o All In Favor
    - o 0-Nays, 0- Stays, 0- Unanimous

## 2nd Quarter Grants Updates & Work Plan -

- Andrea presented on the PMS and Expenditures for 2nd Quarter Grants
  - Questions were asked about what reasons people called the Crisis Call Hub
    - Mostly Psychiatric Emergencies, some for resources/housing, suicidal, and conflict
      - More specifics are found during the chart audits
  - Question about any grants that help provide counseling or placement to older adults with BH diagnoses for housing, inpatient services, etc.
    - ALF is only one we know about
      - Assisted Living Facility- RRP housing for individuals with mental illness from priority population
    - PASRR screening is necessary

- MDRN funds
  - Can they support someone's trash pickup?
    - Has to be enrolled in SCC
    - For other funds (CSF), they would have to have a sustainability plan and can only assist with getting them caught up. Also, the request must be tied to the treatment plan.
    - Contact Katie for scheduled presentation
- Andrea presented on the Work Plan and progress of our goals
  - No questions

#### **OIT/Opioid Updates**

- OFT meetings once a month; discuss cases, look into gaps within the community
  - Presentation on Calvert County Overdoses
    - Shared stats on 2020-2023
  - New OIT program
    - New requirements for admittance to Opt
    - Hospital Updates
    - Opioid steering committee (hosted two weeks ago)
    - Discussed how to support OIT
    - DEI Diversity Equity and Inclusion
      - Social Determinants of Health (connecting individuals to community resources)
    - Increasing employee engagement at hospital
    - Currently writing annual report for hospital
      - ❖ Goals to increase referrals and
        - 19 patients used inpatient suboxone
    - Continuing Narcan distribution
    - Pts discharged on SUD (etc.) to be given Narcan kit (plans for integration within the next month)

#### **LBHA Program & Subcommittee Updates -**

- Andrea McDonald-Fingland-
  - New ACH vendor
    - Pathways
  - April In person gap analysis
    - Need 4 volunteers to assist with a World Cafe style activity
    - volunteers can simply be the scribes or if they are more comfortable, can assist with leading the group discussions
      - World café Volunteers
        - ✓ Betsy VanAuker
        - ✓ Jennifer Moreland

- ✓ Danielle Johnson
- ✓ Ed Sullivan

#### - Katie Wandishin-

- 2 new employees
  - o MOUD Coordinator- Jayla Jones
  - LEAD Coordinator- Derek Adams
    - Program to begin implementation before end of FY
- Community Conversations event was a huge success with total of 29 in attendance (counting staff)
- Dinner for Docs scheduled for March 7, 2024, at 6pm
  - Location change to PF Volunteer Fire Squad
  - Topic of how to prescribe MOUD
    - Help distribute to medical professionals that have a DEA license
- Planning of Shatter the Stigma 5k
  - o Flier went out & registration is open
- Collaboration with the Town of Chesapeake Beach to put on health fair "Be Kind to your Mind"

#### Sarah Bailey-

- Working with local stakeholders to plan a family resource fair for the Yardley Hills Community on April 20th, 2024, from 10am-1pm. A planning committee has been developed, to join the planning committee email sarah.bailey1@maryland.gov
- Working on planning spring sports outreach for parents with CCHD and CAASA.
- To date, 8 Child and Adolescent resource guides have been distributed.
- The electronic resource guide has been updated and remains on CCHD website. Placards with the link and QR code are being provided to those requesting physical copies.

### - Kimberly Suarez -

- RRP currently has one intensive opening but currently has a referral under review for the open spot. Please feel free to send any referrals for the waitlist.
- Homeless essential items are now available, we have items like sleeping bags, tents, winter items, gloves, hats, and other essential needs. A behavioral health service provider must place the order and please reach out if you have any questions.

#### Javla Jones-

Hub and Spoke

- Working to recruit new hub and additional spokes
- Outreach for Hub and Spoke program to local health providers
- BUP
  - Working on social media, marketing posts (to spread awareness on MOUD)

### **Sub-Committee Updates**

- C&A
  - Currently working on assisting with planning the spring mental health fair for CCPS, as well as planning the Yardley Hills family resource fair
- Governance-
  - Proposed Term Cycles
    - Vote on approving terms
      - 1st-Noelle
      - 2nd-Kara
      - No nays or stays
  - Draft Policy and Procedures- nominations, Conflict of Interest
    - Vote on approving first 2 P&P
      - o 1st-Noelle
      - o 2nd-Megan

- BHCO
  - working on creating a toolkit for how to plan a resource event;
     discussed more opportunities for ask an expert; ongoing discussion about Community Needs Assessment

## Council Members Updates & Discussion

• No Discussion or updates, Out of time

### **Motion To Adjourn**

Next LBHAC Meeting
April 4,2023 | 10:00am - 2:00pm In-Person

Respectfully Submitted, Kristy Kidwell