

## LOCAL BEHAVIORAL HEALTH ADVISORY COUNCIL- BI-MONTHLY MEETING MINUTES

**Date:** Wednesday, December 13, 2023

**Time:** 12:00-2:00pm- Virtual

**Facilitator:** Local Behavioral Health Authority

### **Call to order**

Kara Harrer

### **Roll Call /In Attendance**

Andrea McDonald-Fingland, Kristy Kidwell, Rachel Morris, Katie Dorsey, Megan Sarikaya, Michelle Saunders, Kara Harrer, Candice D'Agostino, Kimberly Shoe, Betsy VanAuker, Cheryl Harms, Joe Windsor, Christine Diemer, Melaina Cimini, Danielle Johnson, Doris McDonald,

#### **- Approval of October Meeting Minutes**

- Motion To Approve
  - 1<sup>st</sup>- Cheryl Harms
  - 2<sup>nd</sup>- Betsy VanAuker
  - All In Favor
  - 0-Nays, 0- Stays, 0- Unanimous

#### **1<sup>st</sup> Quarter Grants Updates –**

- Rachel Morris presented and reviewed a PowerPoint on FY24 -1Q grants updates for PMS and expenditures.
  - No Questions or comments

#### **Plan Review & Approval –**

- Introduction –
  - No questions, comments, or suggestions
    - Need to add the organizational chart
- Highlights, Achievements, New Developments, Challenges -
  - Had to make an Executive decision, to remove the integration goal – LBHA does not have the manpower to accomplish this goal, will revisit in the future
  - No Questions comments or suggestions

- TCM Capacity Analysis
  - no comments questions or suggestions
- Data
  - Candice- Some of the charts look cut-off – Close in the charts, make sure there is no missing data.
- Sub Grantee Monitoring
  - No comment, questions, or suggestions
- Risk Assessment
  - No comments, questions, or suggestions
- Approval of the FY25 Annual Plan
  - Motion To Approve the plan with the agreement to add the additional, missing updates and formatting issues are resolved. (Final version to be sent out)
    - 1<sup>st</sup>-Betsy VanAuker
    - 2<sup>nd</sup>- Doris McDonald
    - All In Favor- 7
    - 0-Nays, 0- Stays, 0- Unanimous

### **Financial Plan Review & Approval**

- Worksheets #2 & #3
  - No comments, questions, or suggestions
- Approval of the FY25 Financial Plan
  - Motion To Approve Financial Plan for FY25
    - 1<sup>st</sup> – Cheryl Harms
    - 2<sup>nd</sup> – Joseph Windsor
    - All in favor - 10
    - 0-nays, 0-stays, Unanimous

### **LBHA Program & Subcommittee Updates –**

- Andrea McDonald-Fingland-
  - 1Q monitoring is due 12/15 & 12/29, first portion was submitted on 12 /12/23.
  - Update on LBHA due dates for Quarterly Monitoring to BHA
  - BHA & Deputy Secretary Alyssa Lord is coming to Calvert County on December 22, 2023, for a site visit and would like to visit up to 4 providers.

- Art Sculpture Project link to apply for displaying the statue at your organization
- Kristy Kidwell –
  - LBHAC Meeting calendar invite reset
  - In person April LBHAC @ PFVFD from 10-2pm and date is TBD.
- Katie Wandishin-
  - Residential- RRP currently has 1 intensive and 3 general openings, we do have some referrals under review, but we are still taking referrals for the openings and the waitlist.
  - Events –
    - Community Conversations Event on January 24, 2024, from 10:30am-12:30pm on the topic of MOUD; CME/CEUs offered; panelist to answer your questions about MOUD and addiction
    - Dinner for Docs has been rescheduled for March 7, 2024, from 6:00pm-8:30pm; for medical professionals to learn about how to prescribe MOUD.
    - In the process of hiring an MOUD Coordinator
      - Oversee BUP Initiative & Hub and Spoke
    - Planning a 5k in collaboration with the Chesapeake Beach government to break the stigma of addiction
      - Continuation of “Shatter the Stigma” race
      - More information to come
    - LEAD program is in development
      - Held first operational workgroup on Friday, December 1, 2023
      - Have sent in the MS-22 for state’s approval
  - C&A-
    - To date, the LBHA has distributed 7 Supportive Behavioral Health Services Binders this fiscal year
    - A flier advertising technical assistance for starting a peer support group has been created and printed. These fliers will be distributed throughout the community.
    - The LBHA has attended 4 in-school events so far this year, including Northern and Calvert High School’s Health Fair, as well as 2 presentations to students at Northern and Huntingtown High on Substance use.
- Rachel Morris-
  - Grant presentation
  - Waiting BHA/ SAMSHA Approval for the new ACH Vendor

## **Sub-Committee Updates**

- Crisis- Continuing coordination between 988 and 911. Applied for new Crisis Services NOFO from BHA for supplementary costs to assist MCT with transitioning to fee for service. No interested vendors for licensed crisis stabilization services. Finalizing content for infographic on “where to go”
- C&A – Met on 11/09/2023 to discuss new projects for the year. Discussed parent training/education, gaps in information on teen substance use, and informational materials. This month, the C&A subcommittee will meet this month to finalize the strategic plan for FY25.
- Governance- Meeting every other month, have prioritized conflict of interest and nominations policies for the board. Vote on new members: Practicing Physician- Osaze Okoro, Provider of Residential Behavioral Health Services- Karen Carloni. Remaining vacancies: 2 providers of behavioral health services that are not physicians, provider of behavioral health prevention services. Term survey went out to appointed members. Have not received responses from everyone.
  - o New Member application review.
    - Karen Carloni – No Questions, concerns, or comments
      - Motion To Approve
      - 1<sup>st</sup>- Joe Windsor
      - 2<sup>nd</sup>- Cheryl Harms
      - All in favor – 10
      - 0 Nays
    - Dr Osaze Okoro (Provider of BH)-
      - Motion To Approve
      - 1<sup>st</sup> Cheryl Harms
      - 2<sup>nd</sup> – Kara Harrer
      - All in favor – 10
      - 0 nays 0 Stays Unanimous
        - ❖ Letters of recommendation will be completed and sent to the commissioners for voting.
  - o Terms Survey –
    - Please fill the survey by clicking this link:  
<https://forms.gle/VGr3LctE7jaqEcJt7>
- BHCO- Working to staff “Ask an Expert” as well as finalize marketing material for it; discussed a survey for people in recovery from SUD to find gaps in services; this month, working to finalize our strategic plan for the upcoming fiscal year.
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### **Council Members Updates & Discussion**

- Kara Harrer – Calvert Hospital, all opioid prescriptions will come with Narcan  
CH will be attending the Yardley Hills event tonight- 12.13.23  
Please share and make everyone aware of community events moving forward
- Kimberly Shoe- MCF – Annapolis family day- To present to State house on MH to legislators
- Candice D’Agostino – Yardley Hills event – Attending to show support and ask what we can do to help with the current violence situation.

### **Motion To Adjourn**

*Next LBHAC Meeting  
February 14,2023 | 12:00pm – 2:00pm Virtual*

*Respectfully Submitted,  
Kristy Kidwell*